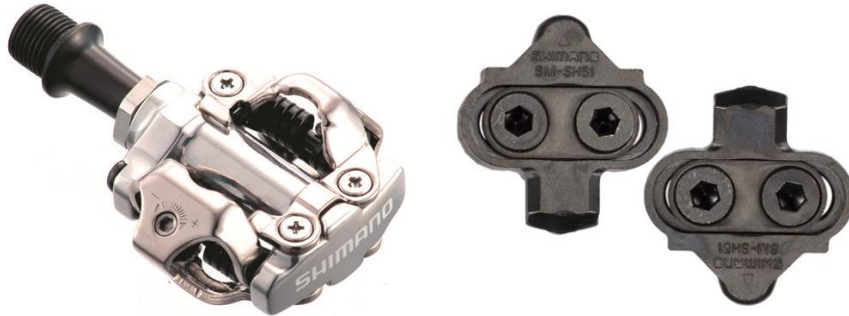




## Comparison of the 4 most commonly used pedal systems

The pedaling systems can look different in shape, but the geometry of the cleats is identical.



**SPD Shimano Pedal System for Mountainbike** (Is also used for road racing bikes)  
(Characteristic: Tiny cleats made of steel)



**SPD-SL Shimano Pedaling System for road racing bikes**



**Look Kéo Pedaling System for road racing bikes. Former system is incompatible (before 2004)**



**Normal pedals (Footie). No cleats are required**